

13-14 November 2023

University of Latvia

House of Science



Photo: Toms Grinbergs, Latvijas Universitāte

Conference programme

14 November 2023

8:30-9:00 | Welcome coffee

9:00-9:30 | **Opening**

Statements by:

- ▶ Mr Hosam Abu Meri, Minister of Health, Republic of Latvia
- ▶ Mr Daniele Cangemi, Head of Department -Human Rights, Justice and Legal Cooperation Standard-Setting activities, Council of Europe
- ▶ Mr Juris Jansons, Ombudsman of the Republic of Latvia
- ▶ Professor Mr Indriķis Muižnieks, Rector of the University of Latvia

9:30-10:00 | **Setting the scene: Human rights and mental healthcare**

- ▶ Brief overview of the case law of the European Court of Human Rights – by Ms Boglarka Benko, lawyer at the European Court of Human Rights.
- ▶ Observations of the European Committee for the Prevention of Torture and Inhuman and Degrading Treatments (CPT) – by Ms Karin Rowhani-Wimmer, CPT member.
- ▶ Statement by Ms *Dunja Mijatović*, Commissioner for Human Rights, Council of Europe.

10:00-10:30 | Coffee break

| **Supporting patient autonomy in mental healthcare: selected good practices**

10:30-11.30 **Good practices in community-based services**

- ▶ Open Dialogues model (in several countries) – Ms Rafaella Pocobello
- ▶ Advance Planning- ACP Spain – Ms Maria Isabel Tamayo Velazquez
- ▶ TANDEM+ (Belgium) – Mr Patrick Janssens
- ▶ Support person services – Zelta (Latvia) - Ms Ieva Leimane-Veldmeijere
- ▶ Hearing Voices Network – Hagarafli (Iceland) – Ms Auður Axelsdóttir, Ms Málfríður Hrund Einarsdóttir

11:30-12:30 **Good practices in hospital settings**

- ▶ Open door policy in hospital wards (Germany - Charite Berlin and other German hospitals) – Ms Undine Lang, Mr Andreas Heinz
- ▶ Open Dialogues model in a high security unit - Akershus Hospital (Norway) – Ms Tiril Østefjells, Ms Ritva Kyrrø Jacobsen, Ms Jorunn Sørsgård
- ▶ Basal exposure therapy combined with Complementary External Control (Norway) – Mr Didrik Heggdal, Mr Magnus Kristoffer Karlsen

12:30-14:00 | Lunch break

14:00-14:30 **Combined approaches**

- ▶ The example of the Établissement Public de Santé Mentale Lille-Métropole (France). Mr Laurent Defromont, Mr Nicolas Daumerie + a patient peer mediator.

14:30-15:00 **Exchange of views**

15:00-16:00 | **Training and Education**

- ▶ Training for medical students (law and ethics) – Ms Solvita Olsena, University of Latvia.
- ▶ Training of professionals: Ms Dita Rituma, Institute for independent living (Latvia) – focus on working with people with profound mental disorders.
- ▶ Training of peers (TBC)
- ▶ Mental health education for high-school and junior college students - Hungarafl – Ms Auður Axelsdóttir

16:00-16:30 | Coffee break

16:30-17:15 | **Awareness raising and monitoring**

- ▶ The role of Human Rights Defenders - Ms Jerneja Turin, Advisor, Human Rights Ombudsman of the Republic of Slovenia and Member of the European Network of National Human Rights Institutions (ENNHRI), Chair of the working group on the Convention on the Rights of Persons with Disabilities
- ▶ National monitoring - Representative from the National Preventive Mechanism of Latvia (speaker TBC)
- ▶ Awareness-raising activities - Proposals: 1) Awareness-raising on adolescent mental health issues – activities of the Adolescent Resource Centre, Latvia (Liene Dambina), 2) Ms Olga Kalina, ENUSP European Network of (ex-)Users and Survivors of Psychiatry (good practices awareness raising)

17:15-17:30 | **Closing session**

Final remarks by:

- ▶ Ambassador of Latvia
- ▶ Chair of the CDBIO