



RIGA CONFERENCE  
PROMOTING  
**AUTONOMY IN**  
MENTAL HEALTHCARE  
14 NOVEMBER 2023

## PROGRAMME

### 9:00-9:30| **Opening remarks**

*Chaired by Ms Siobhan O'Sullivan, Chair of the Steering Committee for Human Rights in the fields of Biomedicine and Health (CDBIO)*

- ▶ Mr Hosams Abu Meri, Minister of Health, Republic of Latvia
- ▶ Mr Daniele Cangemi, Head of Department for Human Rights, Justice and Legal Cooperation Standard-Setting Activities, Council of Europe
- ▶ Mr Juris Jansons, Ombudsman of the Republic of Latvia
- ▶ Mr Indriķis Muižnieks, Rector of the University of Latvia

### 9:30-10:00| **Setting the scene: the long-standing necessity to strengthen the protection of persons with mental health issues**

*Chaired by Ms Siobhan O'Sullivan, Chair of the Steering Committee for Human Rights in the fields of Biomedicine and Health (CDBIO)*

- ▶ Presentation of a Report on the case law of the European Court of Human Rights related to mental healthcare - Ms Boglarka Benko, lawyer, Registry of the European Court of Human Rights
- ▶ Observations and findings of the European Committee for the Prevention of Torture and Inhuman and Degrading Treatments (CPT) – Ms Karin Rowhani-Wimmer, CPT member
- ▶ Recorded statement by Ms Dunja Mijatović, Commissioner for Human Rights, Council of Europe
- ▶ Remarks by Jorge Araya, Secretary of the United Nations Committee on the Rights of Persons with Disabilities (UNCRPD)

10:00-10:30| Coffee break

## | Ensuring respect for autonomy in the provision of mental healthcare: selected good practices

### 10:30-11:30 **Good practices in community-based services**

*Chaired by Mr Nikita Bezborodovs, Head of Child Psychiatry Clinic at Children's University Hospital, Riga*

- ▶ The Open Dialogue model (in several countries) – Ms Rafaella Pocobello
- ▶ TANDEM+ Mobile teams, Belgium – Mr Patrick Janssens
- ▶ Support person services – Centre for People with Mental Disability “Zelda”, Latvia – Ms Ieva Leimane-Veldmeijere
- ▶ Equality-Empowerment - Hugarafll, Iceland - Ms Auður Axelsdóttir, Ms Málfríður Hrund Einarsdóttir

### 11:30-12:30 **Good practices in hospital settings**

*Chaired by Mr Martin Zinkler, Clinical Director, Department of Psychiatry and Psychotherapy, Bremen Hospital (Germany), expert for the World Health Organization (WHO)*

- ▶ Open door policy in hospital wards (Germany and Switzerland) – Ms Undine Lang
- ▶ Applying the Open Dialogue model in a high security unit - Akershus Hospital (Norway) – Ms Tiril Østefjells, Ms Ritva Kyrrø Jacobsen, Ms Jorunn Sørgård
- ▶ Advance Care Planning, Spain – Ms Maria Isabel Tamayo Velazquez
- ▶ The Safewards model – Ms Marcia Tharp, West London NHS Trust, UK
- ▶ Basal exposure therapy combined with Complementary External Control (Norway) – Mr Didrik Heggdal

12:30-14:00 | Lunch break

### 14:00-14:30 **Combined approach**

- ▶ Citizen Psychiatry, the integrated approach of Lille-Metropole EPSM, France – Mr Laurent Defromont, Mr Nicolas Daumerie, Ms Yannick Libeer

### 14:30-15:00 | **Discussion**

*Moderated by (to be confirmed)*

### 15:00-16:00 | **Education and Training**

*Chaired by Ms Signe Mežinska, Associate Professor in Bioethics, University of Latvia*

- ▶ Initial training for medical students (law and ethics) – Ms Solvita Olsena, University of Latvia

- ▶ Training of professionals (focus on working with people with profound mental disabilities) - Ms Dita Rituma, Institute for independent living, Latvia
- ▶ Training activities and resources of the European Psychiatric Association (EPA) – Ms Meryam Schouler-Ocak, Committee on Ethical Issues, EPA.
- ▶ Mental health education for high-school and junior college students - Hugarafi – Ms Auður Axelsdóttir, Iceland
- ▶ The contribution of persons with lived experience in the training of professionals – Ms Olga Kalina, Chair of the European Network of (Ex)Users and Survivors of Psychiatry (ESNUP)

16:00-16:30| Coffee break

### 16:30-17:15 | **Awareness-raising and monitoring**

*Chaired by Mr John Patrick Clarke, Vice President of the European Disability Forum (EDF)*

- ▶ The role of national Human Rights Institutions
  - An overview of trends and selected examples in Europe - Ms Jerneja Turin, Advisor, Human Rights Ombudsman of the Republic of Slovenia and Member of the European Network of National Human Rights Institutions (ENNHRI), Chair of the working group on the Convention on the Rights of Persons with Disabilities
  - The example of Latvia – Ms Ruta Silina, Office of the Ombudsman of the Republic of Latvia
- ▶ Awareness-raising regarding adolescent mental health issues – Ms Liene Dambina, Adolescent Resource Centre, Latvia
- ▶ The involvement of persons with lived experience in awareness raising and monitoring activities - Ms Olga Kalina, Chair of the European Network of (ex-) Users and Survivors of Psychiatry (ESNUP)

### 17:15-17:30 | **Closing remarks**

*Final remarks by:*

- ▶ Mr Artjoms Uršūlskis, Parliamentary Secretary to the Ministry of Health of the Republic of Latvia
- ▶ Ms Siobhan O’Sullivan, Chair of the CDBIO



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