Future directions of mental health law in Europe





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What's the point of mental health law?

Guide for providing mental health services
Budget for community support services
Promoting living independently
Authorisation for otherwise unlawful actions*

Art. 5(1) ECHR

s.68 Medical Treatment Law

* Locking people up, and injecting them with powerful chemicals against their will



The rule of [mental health] law

Info

Art. 5(2) ECHR

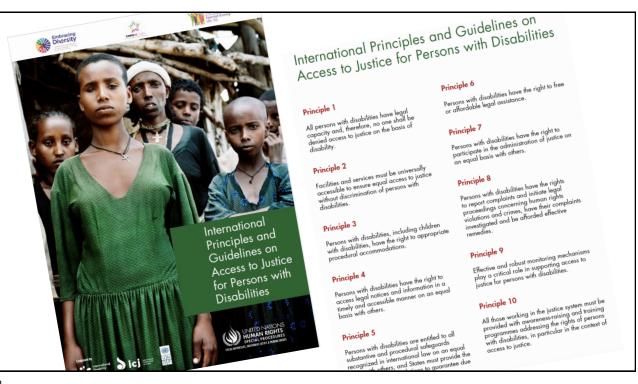
Court

Art. 5(4) ECHR

Lawyer

Megyeri v Germany (1992) 15 EHRR 584, "The importance of what is at stake for him – personal liberty – taken together with the very nature of his affliction – diminished mental capacity – compel this conclusion."

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Daugavpils & Aknīste

2003 v 2022

Sparse, crowded rooms
Lack of activities
Biomedical approach
Institutional cycle
'Voluntary' patients

Info / court / lawyer

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Mental health law in Europe today

- · CRPD "undermined and neglected"
- Buildings renovated (EU €)
- · Limited development of community services
- · Pockets of good practice, little scaling-up
- · Psychiatrists dominate debates
- · User groups are small and politically invisible
- · Judges rubber-stamp psychiatric decisions
- No / inadequate legal representation

MH system "dominated by a reductionist biomedical model that uses medicalization to justify coercion as a systemic practice and qualifies the diverse human responses to harmful underlying and social determinants (such as inequalities, discrimination and violence) as "disorders" that need treatment" (Puras 2020)



Mental health law in Europe tomorrow

- · MH service users co-producing change
- · MH professionals
- Judges training and professional standards
- · Lawyers
 - · Bar Association trains and accredits
 - Lawyers provide proper representation
 - · Lawyers identify test cases
- · Legal Aid for MH cases
- · Law schools -teaching and law clinics
- · Academics teach and research
- NHRI / NPM monitor change

